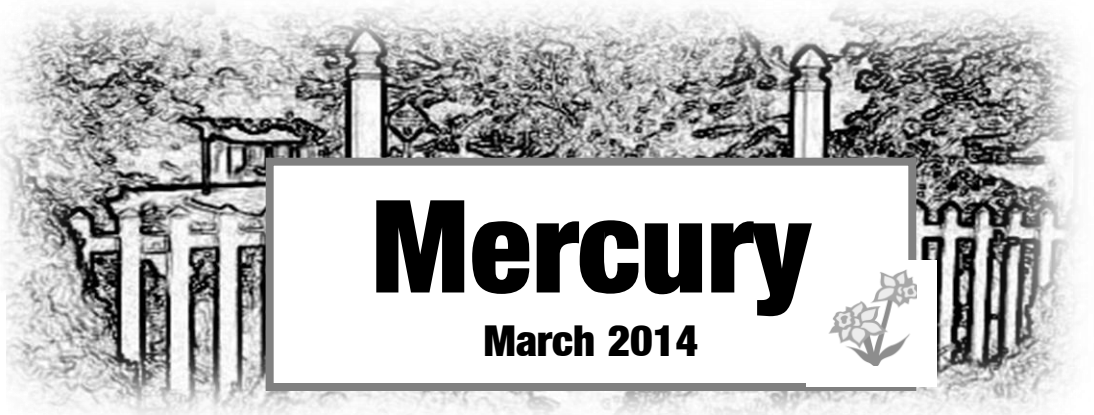




[www.fulmorheights.com](http://www.fulmorheights.com)  
Office 215-675-1626  
Emergency 215-853-9333  
After 5/wkends/Holidays



# Mercury

March 2014



## From the desk of the Manager:

I would like to thank the member(s) who dropped of the Wawa gift card in appreciation for the awesome snow removal by our maintenance staff. Thank you very much.

Any issues regarding PECO with gas or electric (example: down lines from your unit or if you smell gas) you must call PECO immediately yourself. You will be asked questions relating to your situation or information from your bill that the office is not privy to. Their phone number is 800-840-4141.

We have received several calls from residents regarding the trash collection during the several storms. Please understand that we at the office do not have a hot line to the township. We find out the same way you find out - by calling the Township (215-659-4070) My understanding is that they post any changes the trash collection day by 6:00pm Sunday night. You need to call the Township regarding trash schedules.

I think I can speak for every member here in Fulmor Heights, **BRING ON THE SPRING!!!!**

## NEWS FROM YOUR BOARD OF DIRECTORS

The Board has heard from several members about the current Policies and Standards, and has decided to convene a committee of members to take a closer look to ensure that the language is understandable to all. We have heard that the last revision resulted in too much "legalese", and that some sections may be contradictory while other sections could be improved. We are planning to put together a group who can work together to resolve these problems within a timeline of only a few months. Volunteers are being sought for this effort, so if you are interested, please give your name to the Office asap.



**Volunteers  
Needed**

## THIS LONG WINTER

Your efforts to comply with Upper Moreland Township's request that we not shovel snow into the roadways is most appreciated.....especially by our own Maintenance Staff, who have been keeping our roads clear! Please keep up the good work (and remember that Spring really IS coming!). Continue to check on neighbors during these snowy and icy days.....let's all continue to lend each other a hand in snow removal, transportation, etc. This neighborliness is one of the best things about living here.

***Please read the insert below for more insight!***

## HELLO, NEIGHBOR

We really do get by with a little help from our friends. In a recent study of 6,740 people, those who lived in a neighborhood they considered tight-knit had a 15% lower risk of stroke than those who didn't feel the same sense of community. And the more neighborly, the better. Members of the coziest communities enjoyed a 48% decrease in stroke risk.

Source: Social Science & Medicine



## OPERATION REASSURANCE FREE

This a free call-in service provided through Abington Health for anyone age 60 and older. Participants call in each morning so trained staff members know how they are doing. If the participant does not call in, a staff member calls them at home. If there is no answer, staff follow a pre-arranged directions to obtain help. This is a *FREE* service, for information: call 215-481-6489.



## More Board News.....

### LAST QUARTERLY MEETING

We were amazed and gratified that on such a bitter cold evening, members came out for our January 28th Quarterly Meeting. There was a quorum! A lot of information was provided to members as Board members brought everyone up to speed on what is going on in our community. After covering the business that needed to be shared, everyone fortified themselves with coffee and doughnuts before venturing out into the cold. If you are unable to attend a Quarterly Meeting, you can pick up the meeting packet at the Office for a few days after each meeting. Make plans now to attend the next Quarterly Meeting on APRIL 22ND AT 7:30PM where you find out what's happening in your community.

Deadline for submissions for the April Mercury are due March 21<sup>st</sup>.